



Exchange

May, 2008

CCCHS

2008 Calendar

- April 27 - CCCHS Volunteer Recognition Dinner
- May 7 - Interagency Meeting
- May 27 - CCCHS Board of Directors
- June 4 - Interagency Meeting
- June 24 - CCCHS Board of Directors Meeting
- July - No Interagency Meeting /No Board Meeting
- Aug - No Interagency Meeting
- Aug 26 - CCCHS Board of Directors
- Sept 3 - Interagency Meeting
- Sept 23 - CCCHS Board of Directors
- Oct 1 - Interagency Meeting
- Oct 28 - CCCHS Board of Directors
- Nov 5 - Delegate Assembly
- Nov 25 - CCCHS Board of Directors
- Dec 3 - Interagency Meeting w/ Leadership Centre County
- No Dec CCCHS Board of Directors Meeting

\$2875 Available for the 2008 Seed Money Grants

Apply now for the CCCHS Seed Money Grant. The application form and description of the grant are found on pages or can be obtained by contacting Audrey Bucher, Chair, Seed Money Grant Committee, or download the form from the CCCHS website at <http://hscouncil.centreconnect.org>

This grant may be awarded to members of CCCHS or other sponsored agencies. This grant is to be used within the calendar year for start-up funding for new programs and initiatives or for the expansion of existing programs. For the year 2008, \$2,875 is available in the CCCHS budget for seed money may be given entirely to one agency, or divided between two, or more, agencies.

For more information, contact Audrey Bucher, Chair, CCCHS Seed Money Grant Committee, at 814-342-5678, extension 2244.

Applications for this award must be postmarked by Monday, September 30, 2008.

A Note from the President...

Thank goodness for snow and ice! Why would I say this in now, when flowers are blooming, birds are singing, and the sun is shining? I say this because I am so glad the Understanding Poverty training was rescheduled for such a beautiful day when over 100 people could attend! Barb Nissley and D. Jo Sterner, both trainers from Pennsylvania Coalition Against Domestic Violence (PCDAV), are dynamic and personable presenters who are full of knowledge and ideas on how to understand and serve clients better. I hope that all who attended are inspired to go back to their organizations and implement strategies to better relate to and assist clients. Thanks, also, to Beth Van Horn, from Cooperative Extension, who provided a local view of Appalachian poverty in order to better understand clients from that culture.

The definition of poverty is the extent to which an individual does without resources. Let us think about the individuals you serve and the extent to which they do without. How can we help them obtain tools to navigate their daily lives? Are we giving them the fish to eat, or are we teaching them how to fish? Are we asking them to pull themselves up by their bootstraps when they

don't even have boots? Are we working to understand what they identify as their needs or are we telling them what their needs are?

One gem I hope won't be forgotten from today's message is that no significant learning occurs without a significant relationship of mutual respect. As we ponder the questions above in relation to our own ideas and attitudes toward poverty, I challenge us to ask ourselves "Do we take the time to connect with our clients and develop a relationship of mutual respect in order to help clients learn?" If not, what can we do to make a bigger difference in their lives? Do we regularly make deposits in our clients' emotional bank accounts or are we constantly making withdraws?

As we look at our collaborative relationships with each other I encourage us to hold one another accountable in a spirit of mutual respect and support each other as we implement changes that may challenge our colleagues and each other

Kristi Mattzela

**Centre Co. Council
for Human Services
2008 Board of
Directors**

President

Kristi Mattzela
W: 231-4043

First Vice President

Nichol Sheridan
W: 231-1352

Second Vice President

Brent Frank
W: 238-4958

Secretary

Danyel Woodring
W: 237-5855

Treasurer

Jill Lillie
W: 238-1949

Members-at-Large:

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W: 532-5431
Kristin Kuruzovich
W: 342-5678

Robert Ott
W: 355-6768

Denise McCann
W: 238-1949

Thelma Walters
W: 237-1944

Tanya Lombardi
W: 800-643-5432

Rita Peterson
W: 235-1048

Jeff Foreman
W: 863-6571

Brenda Kim
W: 235-9583

Fran McDermid
W: 234-6023

Nominating Committee:

Connie Schulz
Sandy Schuckers
Beth Van Horn
Anna Carol Buffington

**Appointed Committee
Chairs:**

Budget & Finance-
Jill Lillie

Membership-Brent Frank
Public Relations-
Nichol Sheridan

Volunteer Recognition
Dinner-Susan Smith

By-Laws/Policies &
Procedures-
Anna Carol Buffington

Newsletter-
Anna Carol Buffington

Interagency Luncheon
Program-Kristi Mattzela
Training-Robert Ott & Connie
Schulz

Seed Money Grant-
Audrey Bucher

Webmaster & Directory -
Roger Spaw

**CCCHS SCHEDULE OF
MEETINGS**

- Monthly Interagency Meetings—1st Wednesday of each month, excluding July & August
- Board of Directors Meeting - 4th Tuesday of each month except July & Dec.

2008 CCCHS Volunteers of the Year

Agency	Name
AAUW State College Branch.....	Connie Schroeder
American Red Cross-Centre Communities Chapter.....	Rosemarie Stover
Brookline The Inn.....	Dot Colton
Center For Alternatives in Community Justice.....	Barbara Copland & Russ Meyers
Central Intermediate Unit #10	Kathy Detwiler
Centre County Office of Aging.....	Dave Boone
Centre County United Way.....	Greg Wendt
Centre County Women's Resource Center.....	Josh Sacher
Centre County Youth Service Bureau.....	Carol & Gorman Findley
Centre Crest Nursing Home.....	Alex Dyakiw
Centre Volunteers in Medicine.....	Blake Eyster
CentrePeace, Inc.....	Kathy Santoro
Child Development & Family Council	Poornima Krishnamuthy
Community Help Center.....	Buffy Bender
FaithCentre.....	Don Walters
Food Bank of the State College Area.....	Mary Jane Brune
Foxdale Village Retirement Community.....	Paul Bixby &
Girl Scouts in the Heart of PA.....	Cindy Vandermark
Global Connections.....	Vindhya Panagoda
Habitat for Humanity of Greater Centre County.....	Ken Blythe
House of Care.....	Neill Johnson
Housing Transitions, Inc.....	Richard Wylie
Interfaith Mission.....	Barb Wilson
Medi Home Health and Hospice.....	Janice Kennedy
Mount Nittany Medical Center.....	John Hoke
OSHER Life-Long-Learning Institute at Penn State.....	Kent Addis
Park Forest Day Nursery.....	Sally Goodman
Penn State Cooperative Extension of Centre County.....	Harold Harpster
SCASD Community Education Adult Education Center...	Jonathan Cofer
Senior Daily Living Center.....	Yvonne Smith
State College Community Land Trust.....	Peg Hambrick
State College Meals on Wheels.....	Luke Arble & Veronica Arble
The AIDS Project.....	Lea Asbell-Swanger
The AIDS Project.....	Terry Swanger
The Central Pennsylvania Chapter of SCORE #618.....	Herb Graves
The Childbirth Education Association	Meira Minard
The Salvation Army.....	Paul Anderson
The Sightloss Support Group.....	Nanette Anslinger



**Congratulations
to all of the
2008 Volunteers
of the Year!**



Did You Know?

The Centre Exchange is on the website—in color! The address is listed below. Also, the newsletter is posted on the CCCHS website sooner than it is mailed to you. Check the website towards the end of the month for the latest issue. <http://hscouncil.centreconnect.org>



3rd Annual Benefit Dinner for Meals on Wheels
 Thurs, May 1, 2008 Nittany Lion Inn
 6:00pm cash bar/7:00pm dinner & speaker
 Cost: \$100 per person (\$65 is a tax deductible donation)
Featured Speaker: Coquese Washington
Head Coach, PSU Lady Lions Basketball Team
 Your ticket purchase provides 9 days of service for
 a State College Meals on Wheels client.
 To purchase tickets, call the
 State College Meals on Wheels office at (814) 237-8135



This benefit dinner is a function of the "March for Meals" efforts of State College Meals on Wheels *so that no senior goes hungry!*

The Wines of New Zealand *an Educational Wine Tasting*

to benefit CACJ (Center for Alternatives in
 Community Justice)
 SUNDAY, May 4, 2008 4:00pm-6:00pm

Russ Meyers, vintner and wine lecturer will
 present the tasting.

You will sample six different wines from
 New Zealand and enjoy a variety of hors
 d'oeuvres as well as a sampling of choco-
 late delights.



The event will be held at The Centre Hall Grange
 217 South Pennsylvania Ave., Centre Hall, PA

TICKETS are \$35 per person.
 For more information and to reserve a space, call
 CACJ (234-1059) by April 25.

Altrusa Calls for Grant Applications

Each year Altrusa International of Centre County solicits applications for grants from local human service agencies. Two or three applications are accepted, and grants are made. Recent grants have been made to the Sight-Loss Support Group, The AIDS Project, Family Health Services, House of Care, Centre County Youth Service Bureau, Mid-State Literacy Council, Keystone Legal Services, ClearWater Conservancy and the Women's Resource Center.

Altrusa of Centre County solicits grant requests from community organizations in accordance with the following guidelines:

1. Grants are made to projects and programs which benefit the people and communities of Centre County, PA.
2. Grants are awarded in support of the following areas of community service: Literacy, Women's Issues, Children and Youth, and Environment
3. Grants are normally made in the range of \$150 to \$2,000, and should be expended in one program year.
4. Applications must be postmarked by May 16th
5. Grants are made only to nonprofit charitable organizations or educational agencies (or affiliates) which are qualified as exempt from federal income tax under section 501 (c) (3). Documentation of this status is required from all applicants.
6. Grants are not made to religious organizations for sectarian purposes.
7. Grants are normally not made to general fund drives.
8. Grant recipients are required to generate local publicity when the grant is received, making the public aware of the support of Altrusa International, Inc. of Centre County.

Additional information and application forms are available on
<http://altrusacentrecounty.homestead.com>

OLLI at Penn State

"OLLI at Penn State announces that its Summer Term 2008 classes will be held from June 23, 2008, thru August 1, 2008. If you are not already a member of OLLI at Penn State, now is the time to join and enjoy some wonderful daytime classes. . In addition, there are various social activities, special interest groups and trips in which OLLI at Penn State members can participate.

Please call 814-238-2368 for more information on membership and class fees, and on classes and other activities being offered. You can also visit their web site at www.ollipennstate.edu.

OLLI at Penn State is a nonprofit membership organization dedicated to adults who seek opportunities for learning in an environment of sharing and fellowship."

An article about your agency, fundraiser, program details, etc. may be submitted for the next issue of Centre Exchange. Send in your information by May 8 for the June issue to acbuffington@yahoo.com.





"Hope Endures"

an annual benefit dinner and silent auction for

The Salvation Army

Monday, May 12, 2008, beginning at 6:00 p.m.
 Ramada Conference Center, State College, PA
 Reception & Silent Auction Bidding: 6:00 p.m.
 Dinner, Music & Presentation: 6:30 p.m.

Partnership Gifts are requested and acknowledged in the program:

- \$600 (Full page ad/full table sponsorship of 8 guests)
- \$300 (Half page ad/half-table sponsorship of 4 guests)
- \$500 (Full page ad in event program)
- \$250 (Half page ad in event program)

Individuals: A donation of \$35 covers the cost of the evening. An invitation for further gifts and pledges will be extended.

Benefits: The Salvation Army's social Programs in Centre County: Kids-to-Camp; Back-to-School Program (clothes and school supplies); emergency assistance for struggling families and individuals throughout Centre County

RSVP: Friday, May 2nd by mail or telephone. Indicate your choice of Stuffed Chicken Breast or Cheese Tortellini.

For information, contact The Salvation Army, 3091 Enterprise Drive, Suite 100, State College, PA 16801 or phone: 861-1785 or 867-2515.



Want to Quit Smoking? We Can Help!

Centre Volunteers in Medicine's next Freedom from Smoking group smoking cessation program begins on Monday, April 21 through Monday, June 2. This education and support program of the American Lung Association is offered free of charge to any adult Centre County resident. Participants can join up until the second week. Contact Jennifer Michaels at 231-4043 or jmichaels@cvm.net to register.



Introductory Mediation Training to Be Offered by CACJ

This training is designed to teach mediation techniques to participants who want to improve methods in dealing with disagreements in work, community, court, and or personal settings.

Dates: May 16, 17, 18. Time: 8:00 a.m. to 5:00 p.m.
 Cost: \$300 Deregistration due by May 7.

Call 234-1059 with questions or comments.

Want to write an article for the CDT?



To be assigned a date for your article, contact Susan F. Smith at 238-1288 or suesmith22@juno.com and ask to have your name/agency placed on the schedule. The form for articles for the CDT can be found on this CCCHS web page:

<http://hscouncil.centreconnect.org/CDTArticles.htm>

Last Rights Annual Meeting

The Annual Meeting of Last Rights of Central PA will be held Tuesday, May 20 at 7:30 pm at the Unitarian Universalist Fellowship. The speaker will be Mark Harris, author of Grave Matters. Questions? Contact Susan F. Smith at suesmith22@juno.com or phone (814) 238-1288

CDT Schedule for CCCHS Articles

DUE DATE	PUB. DATE	NAME	AGENCY
4/24	4/30	Virginia Brown	Red Cross
5/1	5/7	Jessica Fatica	House of Care
5/8	5/14	Joan Creager	Last Rights
5/15	5/21	Tina Cunningham	Tapestry of Health
5/22	5/28	Cindy Thackston	Helping Hands Housing
5/28	6/4	Leslie Finton	Tides Program
6/5	6/11	Eric Rhodes, 234-7087	AIDS Project
6/12	6/18	Wendi Keeler	Red Cross, Blood Donor Program
6/19	6/25	Cay Griel	Mt. Nittany Medical Center
6/26	7/2	Stacey LoCastro	Community Action
7/3	7/9	Ellen Mayer	Salvation Army
7/10	7/23		
7/24	7/30		
7/31	8/6		

Adult Education Center: Free Instruction for Those Who Want to Know

In today's global economy, adult education is of critical importance for our local community as workforce and higher education requirements continually grow and change. Adult education offers opportunities for any interested adults who wish to improve skills to enter employment or post-secondary education/training, broaden abilities to earn job promotions, participate more actively in their children's education, and/or increase self-esteem and life satisfaction. Adult education includes General Educational Development (GED) preparation and English as a Second Language (ESL) assistance.

The State College Area School District Community Education's Adult Basic and Literacy Education program has offered high quality FREE adult education services since 1973, during morning, afternoon and evening hours. After surveying students and working closely with the Community Education Advisory Committee, we have changed our name to more accurately reflect the services we provide for the adults in our community. We are now the Adult Education Center of the State College Area School District, Community Education office.

Please contact us if your clients or someone you know could benefit from these FREE, high quality educational services:

- Obtain a GED diploma
- Improve reading, writing or mathematics skills
- Expand personal finance knowledge
- Learn basic computer literacy
- Join a book club or news group
- Prepare for college and/or training programs, including South Hills School of Business and Technology and Pennsylvania State University programs of study
- Improve workplace related skills to obtain or retain employment
- Enhance English skills through our ESL (English as a Second Language) classes designed for pre-beginner to more advanced level learners, including expanding citizenship skills
- Get one-on-one help with a tutor
- Use distance learning service options to choose where and when to study

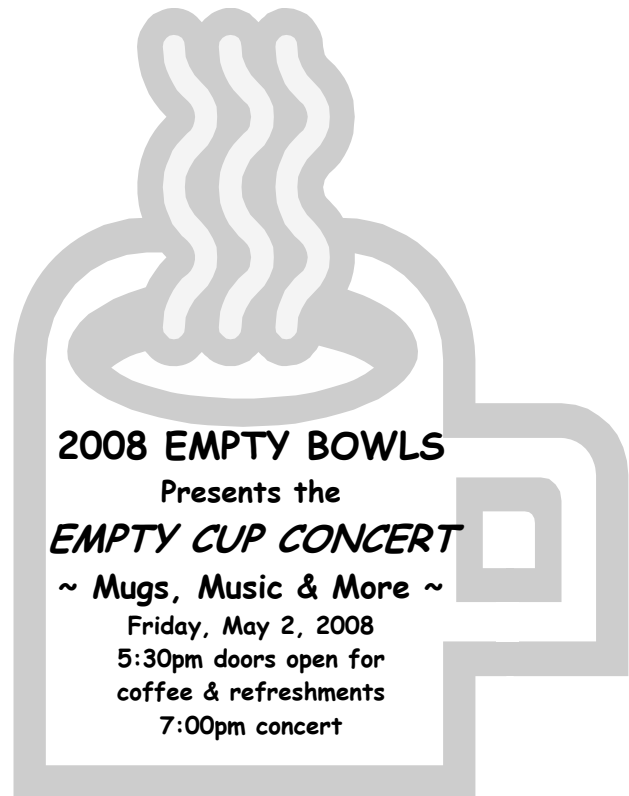
We provide FREE child care during evening class times. We offer GED test scholarships.

Volunteer tutors are needed to work with our adult education students. If you have three hours a week, you can get involved in this rewarding opportunity. Training and materials are provided. Schedules are flexible.

Contact us TODAY to get started as a tutor or to enroll a client in classes. Please call 235-5582 or email Karen Tudor at kxt12@scasd.org for



10th Annual Empty Bowls Event To Be Held May 2nd



State College High School South Building Auditorium
Westerly Parkway, State College

\$10 donation provides your mug, beverage, snacks,
and music featuring

The Tarnished Six and Callanish
Proceeds benefit State College Meals on Wheels &
The Food Bank of State College

Adults: \$10 ticket provides a mug, beverage, cookies, & snacks. Children under 10: free with a disposable cup or pay \$1 per year of the child's age for a ceramic mug. You may take home your hand-thrown mug to remind you to fight hunger locally and throughout the world. For tickets, contact State College Meals on Wheels (234-9069) or the Food Bank of State College (234-2310)

BLUEGRASS FESTIVAL

Saturday, June 7, 2008 Time: 8:00 A.M.- 3:00 P.M.**

Would you like to find a treasure? Enjoy music? Time to wash your car? Please join us for our first annual Bluegrass Festival. We will be having live music, yard sale, car wash, and hot sausage sandwiches. All proceeds will help purchase playground equipment for our daycare. If you're looking to have a great time, please join us!! Hope to see you there!! Located at Kidz Rainbow Center on Fox Hill Road between the University Park Airport and Toftrees, 1400 Fox Hill Road, State College, PA 16803 For more information call 814-353-0200.

**Rain or shine

CENTRE COUNTY COUNCIL FOR HUMAN SERVICES

Seed Money Grant Application Cover Sheet

Name and mailing address of agency/organization:

Name, Address, E-mail Address, and Phone Number of contact person:

Name

Address

Phone# Email Address

The undersigned certifies that all services will be available without regard to religious creed, race, color, age, ancestry, national origin, gender, socio-economic status, or disability.

The undersigned further agrees that all funds will be expended within one year of receipt and agrees to refund unexpended funds at that time, unless a specific extension has been applied for and granted by the Seed Grant Committee. Also, if this agency is awarded a Seed Money Grant, a written report, including a description of how the money was expended and the details and results of the project, will be submitted to the Chair of the Seed Money Grant Committee at the conclusion of the project for publication in *Centre Exchange*.

Signature _____

Date _____

Title _____

Centre County Council for Human Services Seed Money Grant Application

POLICIES AND INFORMATION

Seed Money Grants are intended to provide start-up funding for new programs or initiatives or for the expansion of existing programs. Funded projects must provide direct services to clients. Seed Money Grants are distributed once annually*. The deadline for submitting applications is September 30, 2008. The Grant Selection Committee will announce their decision at the November meeting. The recipient will be contacted by a committee member.

All applicants must be individual or organizational members of the Council for Human Services or be sponsored by a Council member. Sponsorship may be obtained by attaching a letter from a Council member, which states the member's recognition of the applicant's desire to receive Council seed money. This statement should reflect the member's knowledge of the applicant's service programs in order to assist the selection committee in the selection process.

Requests may come from individual agencies, groups, or as a joint proposal from several agencies/groups—at least one of which must be a Council member. Applicants who are not selected may re-apply for the next grant. Recipients are required to submit a brief report on the use of funds six months after receipt of those funds. Seed Money Grants must be expended within one year of receipt, unless an extension has been granted by the Committee.

Please attach the following information to the enclosed Application Cover Sheet.

(Please answer each question completely)

1. Certification of not-for-profit status or tax-exempt number
2. Annual budget information
3. Description of the program, activity, or initiative to be funded (preferably not expendable items)
4. A projected budget of the proposed project (include explanation regarding why funds are not presently available)
5. Description of the community need and how this need will be met by the program
6. Estimation of the number of people to be served
7. A projected time frame for start-up and completion of this program
8. If the money you are requesting is only a portion of the funds needed for this project, describe how the remaining funds will be obtained
9. Sponsor letter of support, if applicable (see Paragraph 2)

* =Amount to be determined each year.

Mail all applications to: **Audrey Bucher, Chair, CCCHS Seed Money Committee, Cen-Clear Child Services Inc., 1633 Philipsburg Bigler Highway, Philipsburg, PA 16866.** If there are any questions, call Audrey at (814) 342-5678, Extension 2244.

Seed Grant Checklist 2008 (to be completed by reviewers of applications)

Reviewer: _____

Applicant being reviewed: _____

CRITERIA: (No's may disqualify applicant)	YES	NO	
Member or sponsored letter (see #9 above)			Number of people to be served. (see #6 above)
Received by September 30, 2008			
Certification of not-for profit status or tax-exempt number (see # 1 above)			Is this start-up funding or expansion funding? (Circle Answer)
Annual budget information (see #2 above)			
Description of the program, activity, or initiative (see #3 & #5 above)			
A projected budget for the proposed project (see #4 above)			
Description of the community need and how this need will be met (see #5 above)			
A projected time frame for start-up and completion (see #7 above)			
If the money being requested is only a portion of the funds needed for this project, described how the remaining funds will be obtained (see #8 above)			
Is this a direct service? (see #3 & 4 above)			

Quality Points: What is your rating of the overall concept of this application (1 -10) _____ (Write #)
 (1 = less effective to 10 = most effective)



Centre County Council for Human Services
P O Box 1064
State College, PA 16804-1064

Seed Money Grant
Applications are now
available for the
2008 Seed Money Grant

Centre County Council for Human Services

May Interagency Meeting

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TOPIC: "Looking at Life's Other Losses," presented by Evelyn Wald, grief counselor and founder of the House of Care, and two special guests.

DATE: Wednesday, May 7, 2008

TIME: Noon to 1:30 p.m.

LUNCHEON: Bring your lunch

LOCATION: Pine Hall Lutheran Church, 1760 West College Avenue, State College (located just beyond Rider Motors on the opposite side of the highway) - use the entrance to the fellowship hall located at the rear of the building on the lower level.